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SARDAR PATEL UNIVERSITY
MHRM/MSW (II Semester) Examination

Tuesday, 28 April 2015

10.30 am - 12.30 pm

PA02SHRM01/PA02SMSW01-Soft Skills (Life Enrichment)

Total Marks: 35

Q. 1	Select the appropriate answer:	3x1 = [3]
	<div>1. Following are the qualities of Vital Being: (a) Organization, Ideas, Synthesis (c) stamina, strength, suppleness (b) Pure Love and Light (d) Emotions, Feelings and enthusiasm</div> <div>2. "The utility of this science is to bring out the perfect man, and not let him wait for ages, just a play-thing in the hands of the physical world, like a log of drift-wood carried from wave to wave, like a log in the ocean" were the words of: (a) Swami Vivekananda (c) Newton (b) Swami Dayanand Saraswati (d) none of these</div> <div>3. "When I pray for Swaraj or Independence for India I pray or wish for an adequate power to gain that Swaraj or to make the largest contribution I can towards winning it, and I maintain that I can get power in answer to prayer" was spoken by: (a) Mahatma Gandhi (c) Nelson Mandela (b) Sardar Patel (d) Ravindranath Tagore</div>	
Q. 2	Give short answers to the following: (any three)	3x2 = [6]
	<div>1. Describe the Planes & Parts of our Being. Mention their Qualities.</div> <div>2. Write the importance of Physical Education.</div> <div>3. Mention the four fold disciplines that one should have for a better living.</div> <div>4. "Where the mind is led forward by thee into ever widening thought and action into that heaven of freedom, my father let my country awake." Briefly Explain.</div> <div>5. How can one attain Perfection in oneself ?</div>	
Q.3 (a)	What do you mean by Life Enriching Education? Describe.	[7]
(b)	Describe the importance of defining an Aim for one's life. What kind of Aim can make Life precious to Oneself and to others?	[7]
	OR	
(b)	"To perfect oneself, one must first become conscious of oneself". Explain.	[7]
Q.4	Write a short note: (Any Two)	[12]
	<div>1. Importance, effect and power of Prayer</div> <div>2. Concepts of Swasthya and Aarogya.</div> <div>3. Spirituality in day to day work</div> <div>4. My Dream for India</div>	
